

Medical City Dallas Office: 7777 Forest Ln. Suite B-300 Dallas, TX 75230 972-284-7770

Presbyterian Plano Office: 6300 W. Parker Rd. Medical Offices 2, #126 Plano, TX 75093 972-526-0700

www.forestlanepediatrics.com

Home care after cryotherapy

- 1. Your child may experience some mild discomfort over the next 1-2 days. The symptoms are similar to pain after mild burn or sunburn. If needed, you can give ibuprofen (Motrin or Advil) or acetaminophen (Tylenol) to alleviate discomfort. You can also apply ice pack to area up to 4 times a day.
- 2. The area around the wart may become slightly red and blister over the next 1-2 days. We recommend keeping the area bandaged and applying antibiotic cream (Neosporin, triple antibiotic ointment) two to three times a day to prevent an infection. You can stop this treatment once a scab forms.
- 3. You may wash the area with soap and water as needed. There is no special precaution for bathing or swimming.
- 4. After healing, the skin may begin to peel off like an onion. You can gently rub off any dead skin with pumice stone or emery board as needed. The best time is after bathing since the skin softens with moisture.
- 5. For plantar or larger warts, the doctor may have you start treatment with salicylic acid cream or solution after the warts have healed. He or she will provide you instruction and prescription for additional treatment
- 6. Call the doctor if redness continues to persist or spread or pain is not improving within 48 hours.